

Backcountry Camping Packing List

FUNDY NATIONAL PARK

CLOTHING

- Waterproof jacket
- Waterproof trousers
- Warm hat
- Warm gloves or mittens
- Windbreaker
- Lightweight fleece
- Insulating thermal layers
- Insulating jacket
- Hiking boots
- Hiking socks
- Walking trousers
- Shorts
- Quick dry t-shirts
- Gaiters
- Lightweight shoes for camp
- Sun hat
- Sunglasses
- An extra set of clothes

HEALTH AND SAFETY KIT

- Bear spray
- Water purification kit
- Satellite phone
- Sunscreen
- Bug spray
- Medication (if needed)
- Repair kits for equipment
- First aid kit (including blister kits)
- Emergency whistle

CAMPING GEAR

- Lightweight tent with rainfly
- Groundsheet for tent
- Sleeping bag and pillow
- Insulated sleeping mat
- Backpack with waterproof cover
- Bear-proof canister or rope & bag for food
- Cooking stove and fuel
- Cookware set and eating utensils
- Waterproof matches
- Trash bags (provided at registration)
- Water bottle and drinking water
- Toilet paper
- Food and fuel (enough for every day of trip +1 extra)
- Maps and trail descriptions
- Compass
- Head torch
- Pocketknife
- Dry bag for valuables/perishables
- Camera
- Extra batteries

REMEMBER

When camping in Fundy's backcountry you need to be ready for anything. Pack for emergencies, watch for changes in the weather and don't overload yourself. Your pack shouldn't weigh more than 30% of your body weight.

